

SO, WHAT IS HAZING?

Definition of Hazing: "any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate."^{2,4}

It includes three key components:

1. It occurs in a group context
2. Humiliating, degrading, or endangering behavior
3. It can happen regardless of an individual's willingness to participate; regardless of consent³

55% of students experienced hazing
BUT ONLY 9%

identified they were hazed or considered themselves to have been when asked directly.²



HAZING CAN TAKE **MANY** FORMS⁶



Humiliation, roast nights, or wearing embarrassing clothing

Expecting items to always be in one's possession



Being taken to & left at an unknown location

Threats, implied threats, verbal abuse, & assigning demerits



Sleep deprivation and being woken up in the night

Water intoxication or forced ingestion of substances



Greeting others in a specific manner

Making prank calls or harassing others



WHERE CAN IT HAPPEN?

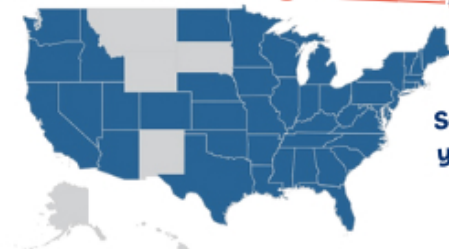
Hazing happens at colleges and universities AND middle and high schools. Some common places are:

- Varsity Athletic Team
- Social Fraternity or Sorority
- Club Sports
- Performing Arts Organization
- Academic Club
- Honor Society
- Service Fraternity or Sorority
- Intramural Team
- Recreation Club²



STATE LAWS & HAZING POLICY

Although **44 of the 50 states** have anti-hazing laws in place, the strength and breadth of the laws vary significantly. **Familiarize yourself with the law in your state and your campus policy.**



Scan here to see your state's laws



IS HAZING EFFECTIVE FOR GROUP BONDING?

NO!

82% of students agreed that "Hazing is not an effective way to create bonding."¹

86% of students agreed that "Hazing is not an effective way to initiate new members."¹

96.6% of students agreed that "I do not need to be hazed to feel like I belong to a group."¹

WAYS TO BUILD HEALTHY GROUPS & TEAMS

- Participate in community service projects together
- Identify common times for new and returning members to hang out (e.g., group meals, studying, working out)
- Visit a challenge course led by professionals to work on communication and leadership skills
- Utilize campus resources to promote scholarship
- Strengthen problem solving skills through team building activities
- Work on personal development through activities like vision boards, goal setting, etc.⁵



WHERE TO FIND HAZING INFORMATION

Federal Legislation:

Policy is a core component of comprehensive violence prevention, hazing included. To read more about federal hazing legislation, go to: www.stophazing.org/policy

Research and Statistics

StopHazing is a research-based organization focused on promoting safe and inclusive school, campus, and organizational environments.

**WANT TO LEARN MORE?
GO TO STOPHAZING.ORG**

Your Campus/Institution:

Many campuses have anti-hazing policies written into their code of conduct. Reach out to your institution to find out what policies they have in place and how to report hazing.

INFORMATION SOURCES

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2. Allan, E. J. & Madden, M. (2008). *Hazing in view: College students at risk, initial findings from the national study of student hazing*. <https://stophazing.org/research/national-hazing-study-hazing-in-view/>
3. Allan, E., Payne, J., & Kerschner, D. (2015). *We Don't Haze: A Companion Prevention Brief For General Audiences*. https://stophazing.org/wp-content/uploads/2020/12/We_Dont_Haze_Companion_Brief_General.pdf.
4. Hoover, N. (1999). National survey of sports teams: Initiation rites in athletics for NCAA sports teams. Retrieved February 9, 2006, from Alfred University Website: http://www.alfred.edu/sports_hazing/
5. StopHazing Research Lab. (2021). *Building Healthy Groups and Teams: Group goals and activities to promote belonging, well-being, and inclusion*. <https://stophazing.org/resources/healthy-groups>
6. StopHazing Research Lab. (2020, December). *Hazing: The Issue*. StopHazing Consulting. <https://www.stophazing.org/issue>
7. StopHazing. (n.d.). *States with Anti-Hazing Laws*. StopHazing Consulting. <https://stophazing.org/policy/state-laws>

